

## **XTERRA PIRINEU REGULATIONS**

### **1. GENERAL RULES OF THE EVENT:**

1. In general, the current Regulations of the Spanish Triathlon Federation will apply:

<https://w.tridlow.org/docs/regm2023.pdf>

### **2. SPECIFIC RULES OF THE EVENT:**

#### 2.1 REGISTRATION:

Registrations for the XTERRA-Pirineu race will be made online through the official website of the test. All those who do not have a national or international license must pay the amount corresponding to the one-day accident insurance.

Pricing:

- 65 €/ until 1st May
- €70/ until May 29th

In the case of non-FEDERATED athletes to these prices it is necessary to add € 10 as one-day insurance for the test.

**Registration in the event implies knowledge and acceptance of these regulations.**

#### 2.2 DISTANCES:

- Swimming: 1.500 m.
- MTB: 31 km.
- Carrera a pie: 11 km.

#### 2.3 CATEGORIES AND AWARDS:

The male and female categories are established with the right to award with a trophy, for the first three overall classified.

In addition, the three men and women of each age group, will be award with a diploma. The Age Groups categories are:

18-19	40-44	65-69
20-24	45-49	70-74
25-29	50-54	75-79
30-34	55-59	80+
35-39	60-64	

All participants who finish the race in the maximum time foreseen, will receive a *finisher medal*.

The XTERRA-Pirineu awards slots for the World Championship in male and female categories, according to the following age groups:

Age group	slots	Age group	slots	Age group	slots
18-19	1	40-44	1	65-69	1
20-24	1	45-49	1	70-74	1
25-29	1	50-54	1	75-79	1
30-34	1	55-59	1	+80	1
35-39	1	60-64	1		

## 2.4 AID STATIONS

The following aid stations are planned:

In the mountain bike segment:

- PK 6.2: liquid provisioning (water and isotonic, provided on tanks to refill)
- PK 12.5 : refreshments (water and isotonic, provided on tanks to refill) and solid (fruit, barrel or ice)

In the running segment:

- PK 0.5 : refreshment (water and isotonic provided on cups) and solid (fruit, barrel or ice)
- PK 5 : refreshments (water and isotonic provided on cups) and solid (fruit, barrel or ice)

## 2.5 CANCELLATION OF REGISTRATION

Any cancellation of registration must be made by email to: [hola@ocisport.net](mailto:hola@ocisport.net). Cancellations will not be accepted by phone. The payment of the refund of the registration will be made by payment to the card used at the time of registration, according to the following conditions.

Application date	Percentage of reimbursement
Up to 30 days in advance	80%
From 29 to 15 days	50%
From 14 to 8 days	25%
Less than 8 days	0%

## 2.6 CANCELLATION BY EVENT ORGANIZERS

In the event of unforeseen circumstances such as extreme weather conditions,

natural disasters, or any other situation beyond the control of the organizers, the event may be canceled or postponed.

If the event is canceled by the organizers, participants will be notified as soon as possible, and efforts will be made to reschedule the event.

If rescheduling is not possible, participants will be offered the option to transfer their registration to a future event or receive a partial refund, taking into account any unrecoverable costs incurred by the organizers.

**Transfers and Substitutions.** Participants may transfer their registration to another individual or defer their entry to a future event, subject to approval by the event organizers and any applicable transfer fees.

**Force Majeure.** The event organizers shall not be liable for any delay or failure to perform any obligation under this agreement if the delay or failure is caused by any circumstances beyond their reasonable control, including but not limited to acts of war, terrorism, civil unrest, government action, or natural disasters.

By registering for the triathlon event, participants agree to abide by the terms and conditions outlined in this cancellation policy.

## 2.7 IMAGE RIGHTS:

The participants grant the organizer of the event, the right, permission and authority to use their name, voice and image when they have been taken during the event by the organizer (reproduction of photographs, broadcast videos, publication of ratings, etc.) through any device (television, internet, graphic advertising, etc.) and without time limit.

## 1. **SWIMMING SEGMENT :**

The swimming segment is planned over a distance of 1,500 meters that will be done by completing two laps of a marked route of 750 meters.

- Participants must wear and view the official swim cap of the event, which will be delivered by the organization and will have the corresponding bib number.
- The start will be given on the beach.
- The use of full neoprene is allowed if the water temperature is below 22° C for elites and 24,6° for age groupers. It's mandatory if under 16°.
- If the water temperature is below 13° centigrade, the distance from the swimming segment will be reduced by 50%.
- If the water temperature is below 12° centigrade, the swimming segment will be cancelled and a section of running will be introduced, may not exceed 3 km before the entrance to T1.

These rules on water temperature can be modified by the race director after debating with Head Referee from Spain and Tri Xterra Technical Director depending on weather conditions.

#### **4.MOUNTAIN BIKE SEGMENT :**

The use of a mountain bike is mandatory and the UCI MTB Regulation (BTT) will be applicable:

- The bike will need to meet a mountain bike standard
- The minimum wheel diameter is 24 inches (609.6 mm) and maximum 29 inches (736.6 mm)
- The diameter of the front and rear wheel may be different
- athletes can carry or push the bicycle during the ride;
- Drafting is allowed between athletes of the same sex and of different sexes
- for security reasons, overtaking may be prohibited before entry into the Transition Area
- Laped athletes will not be removed from competition
- Athletes are responsible for having their own tools and spare parts to perform repairs during the cycling segment
- Couplings or similar are not allowed
- Traditional curved handlebars are not allowed for road bikes
- Traditional extensions to the handlebars of mountain bikes are allowed as long as the ends are properly plugged
- The use of the helmet is mandatory

#### **5.RUNNING SEGMENT:**

The following are the general rules regarding the running segment. The athlete:

- can run or walk
- you must have your bib number visible in front of you
- he can't crawl;
- he can't run with his bare torso;
- he can't run around with his helmet on;
- may not use fences, poles, trees or other fixed elements to facilitate turns in curves;
- cannot be accompanied along the route by another person who is not competing (coaches, companions, family, friends, etc.);
- He cannot run alongside other athletes who are one or more laps ahead.